

Ep #28: What's Responsible for Your Success?



Full Episode Transcript

With Your Host

Lindsey Mango

[Soul CEO](#) with Lindsey Mango

Ep #28: What's Responsible for Your Success?

Hi girl, welcome to *Soul CEO*; a podcast for women who know they're destined for more. I'm Lindsey Mango and I'm going to show you that you can have it all and teach you how to get it by becoming the CEO of your soul, life, and business. Let's get started.

Hello, how are you guys? I hope you are having a beautiful week. I sound a little funky, I must say. I never get sick but I think I'm a little sick, if you can't tell by my voice. Luckily, I don't feel too, too bad though. It's like one of those things where when you wake up in the morning and when you go to bed at night you feel like you could die but then in the middle of the day you feel great. And so I am feeling pretty good, I just sound a little crazy. Hopefully by the time you hear this episode I'm totally normal and feeling back to normal.

So anyway, but I just had so many things that I wanted to share with you guys and we are actually leaving for Asheville, North Carolina - Asheville, not Nashville. I used to get them confused too, to go look at wedding venues this weekend so I am super excited. By the time you hear this maybe we have nailed down our location so stay tuned on my Instagram story and on my social media if you want to know where we end up picking to get married. I'm super excited. I'm hoping that I feel much better by the time we get there. We leave tomorrow so I'm not sure, but I am going to see what I can do to drink all the water, take the medicine, feel better, blah, blah, blah, et cetera, all the things.

But anyway, that's not why you guys tuned in today. So I'm super excited about today's episode because I have been paying attention to what has made my successful clients most successful and what has made me most successful and I have realized that there's something that elevates these people that helps them get faster results and that have helped me get massive results.

Ep #28: What's Responsible for Your Success?

And so I thought it would be an amazing thing to share with all of you guys because I think that there's this thing happening out in the world where people are hiring coaches and doing this work and getting into personal development, which I think is such an amazing thing, obviously because that's the work that I do. But I think it's really important to understand when you hire a coach - any sort of coach - or when you hire someone to help you elevate yourself in your life and in your business, to see what will separate you, what will allow you to create super-fast results and get the most out of your experience with a coach or with your transformation.

Now, what this is is the idea that my clients' results are a direct reflection of the amount of ownership they take over those results. I'm going to say that again. Your results are a direct reflection of the amount of ownership you take over those results. What I mean by that is when you take full responsibility over getting the results that you want in your life, business, or anything that you're investing your time, energy, money in, that is going to be directly reflected in the results that you get.

Now, I'm not saying that coaches or the people that you invest in don't play a role in that, but what I am saying is that when you take full responsibility over your transformation and your results, you will get exponential results. You will create massive progress because here's the thing: something that coaches, mindset coaches, business coaches, all of us, what we teach is how to take ownership over your life, how to take responsibility and power over your emotional state, over the actions you take, over how you show up.

So by making your coach or something you're investing in responsible for your success, you're doing the very opposite of what we are trying to teach and what I am trying to teach, which is that you have the power to create the life that you desire. Now, what's really amazing about this is the fact that you don't necessarily have to have a coach to do that. Like, I want to be clear on that and I think that's something that a lot of coaches

Ep #28: What's Responsible for Your Success?

sometimes don't say is that you don't have to have a coach to be successful. But a coach can elevate you and make your progress happen a lot faster because they bring into your awareness things that you might not realize, and they can help you progress in a way and see your blind spots that you don't see.

So the thing is it's not necessarily - like, this isn't a world where you like, have to have a coach to be successful. Absolutely not. But this is a world where if you're not aware of your blind spots and you're not growing and you're not doing the work, that's when you might need a coach or want to have a coach, right?

So for example, I'll give you guys like my dad is super motivated, an amazing athlete. He was a national champion on the rings, which is really cool and he's an author. He wrote a book, and he didn't have a life or business coach because he has a ton of internal motivation and a lot of awareness and does this work on his own. And so the thing is that he didn't need a coach to create all that, but a lot of us do because we don't take action on the things that we want, and we don't always know what we need to do to fix what we keep creating in our lives, which might not be the results that we want.

So the thing is if you're not getting the results that you want in your life, that's where a coach can help. If you are, that's amazing, and having a coach can still help because for me, having a coach means elevating my awareness of what's possible in the world and stretching my belief and by being around people and by being in a circle where I have a coach who has created something that's even bigger or that stretches my belief, it's super powerful and important to me.

And so that's the thing that I think is so important. Going back to what I was talking about, I mean, this is all interconnected is that when someone takes complete ownership over their results, like my dad for example, he didn't

Ep #28: What's Responsible for Your Success?

need a coach to take ownership over that. But when other people or clients hire me or hire any coach or get in a course or in a program, yes, it's meant to help you get there, but the responsibility is on you to create the results so that when you succeed, you can take responsibility for that or when you fail, you also get to take responsibility for that and you also get to change it.

So the thing is that for me, when I first hired a coach, I was so committed to getting my results that I would text her, I would use every single way possible that she provided, that she allowed to grow. Every single thing in my life was a growing opportunity. I showed up to it like I was a student always, and I still do this, and I was texting her, messaging her, getting on my coaching calls with 20 different things to work on because I took ownership. I would create a plan and say, "I want to create this thing, I kind of have this plan, I need help," and we would work through that, right?

Whereas it looks a lot different if you show up and say, "Tell me what to do. I don't know what to do, I need someone to tell me what to do." Right? That's a lot different, and that's okay if that's how you want to do things, but that's not the type of clients that I work with that get massive results. They show up and take ownership over what they're creating in their life. They show up and take that first step and take the action and they use me to help them elevate that. Not to create that for them because the reality is if you hire people to change the actions and to tell you what to do, that will mean that you will always need to hire someone to help you create that next action.

When you realize that all the answers you need are within you, all the belief you need is within you, then you will create massive, insane success. And then when you do hire people, you will not believe that they are the ones responsible for your success. You'll just know that they're there to keep you on track and help you create that success, right? Like for me, I've invested a lot of money in coaching not because I believe that they're going to make me successful, not because I believe they're going to have a process that's

Ep #28: What's Responsible for Your Success?

going to make me successful and that's going to be responsible for it. But because I believe I'm going to be successful, I believe I'm going to show up and get the result no matter what and I believe that they're going to help me get there faster, or that they're going to bring into my awareness something that I didn't know, or that by just - by elevating myself and investing money, I'm going to show up at a higher level.

And so this is the thing for myself and for my most successful clients that I see. So here's the thing that I want you guys to take away from this is you are responsible for the results you're getting always. Even if someone - like, some circumstance or coach or something played a role in it, even if somebody told you to take action on something and it like, didn't work, if you take responsibility for that, you will change your life because then you will be able to show up to every single situation with full ownership and responsibility to change it, to create the result that you want.

So this is something that I see a lot of out in the coaching world and as coaching and personal development is growing, I'm starting to see this trend of people bouncing around and hiring different people all the time and taking different course, and while that's amazing, I think it's important to get all the knowledge and do all the things, I would really look at - the decision isn't what matters.

Even bouncing around - I've taken different courses, I've had different coaches, but I would really look at why you're doing it. What is the thinking behind you hiring that next coach or taking that next course or doing that next thing or updating your website? Is it coming from a place of believing that coach, that website, that thing is going to create your result? Or is it coming from a place that you believe you already have the result or you will get the result no matter what and you're just adding this piece in for fun, or you're adding it in because you want to elevate yourself or because it feels good?

Ep #28: What's Responsible for Your Success?

And that's what's most important about this is you are responsible, you have the ownership to create the results, and when you make decisions from that place that the result is happening and it's going to happen, that you have complete ownership over it, that helps you make aligned decisions towards creating that result. Not the other way around. The coach, the strategy, the website, the Facebook ads, all the things aren't what make you successful. You are what make you successful and that's what's most important about whatever you invest in, whatever you take action, whatever you do is seeing your ownership in that.

And this is what makes my clients most successful. This is what has made me successful and this is the thing that I see among my most successful people that I'm around and work with is that they always take their power back. They always take ownership over their results. And that's what's so beautiful and amazing about this work is you also get to take responsibility for the amazing things you create and celebrate that.

And when you start to see that, you know you always have it within you, that everything else is just added on. Everything else is just noise. You get to create the result that you want. So make sure that whenever you're making a decision to do something different in your business, to hire a coach or even if you feel like - like I challenge a lot of people that I'm around like, not even working with me that if they feel like they're not getting the results and they want to make their coach responsible for it, I really challenge them to look at what belief that comes from.

Because here's the other thing that I've realized is that when I'm getting results, I don't care how much my coach babysits me. In fact, I don't want my coach to babysit me. I don't care if they do one Facebook live a month to give me information or whatever it is, right? Like, when I get results, it doesn't matter. I believe that they're contributing but it doesn't matter how they do or what they do or if they miss a call or something, right? I don't

Ep #28: What's Responsible for Your Success?

make them responsible for that. I'm responsible for it. And something changes when you take full responsibility for that.

So I'm super excited for you guys to hear this episode. Really look at what you make responsible for your success. Really look at when you go to make a decision to invest in something or hire someone, whether you are making yourself responsible or them or that course or that thing responsible for your success. And when you can start to see that you have ownership over that, then the investments, then the steps, then the things you do are going to be that much more exponential. They're going to add to your growth in such a powerful way.

So I love you guys, I hope you have a beautiful week and I hope the next time you hear me - I'm probably going to record a couple episodes today so I might sound sick for like three weeks. I promise I'm not sick for three weeks. But I hope you guys have a beautiful day and I will talk to you next week. Bye.

Hey girl, do you want to become one of those people who attracts more money in your life and business? Who thinks it's fun and easy and completely abundant? I've been working on something super-secret and mind-blowing that I've been working through with some of my clients and using in my own life to continue to uplevel in my financial abundance. The thing is, we have to change the way we think about our current financial situation in order to elevate how we show up and create more money in our lives.

I've created a free PDF for you to become money-making maven and actually go through this process that I have mastered to go from a zero-dollar business to a six-figure business, to a multiple six-figure business, and I'm now using this process to get my business to a million dollars. It is focused on changing your mindset in order to take the actions you need to create the results and financial abundance you desire.

[Soul CEO](#) with Lindsey Mango

Ep #28: What's Responsible for Your Success?

If you would like to download this PDF, go to lindseymangocoaching.com/moneymaven. Again, it's lindseymangocoaching.com/moneymaven. Or go down in the show notes and there's a link there. I'm so excited, I can't wait to hear what you guys think. Talk to you soon. Bye.

Thank you so much for joining me for today's episode of *Soul CEO*. If you want to go even deeper into how to create a vision of the life you really want, how to become the woman in that vision and how to deal with the roadblocks we all face along the way, head over to lindseymangocoaching.com/high-vibe-formula to get your free training of my High-Vibe Formula.